

## Other Support

- Referrals available through Family Support or Health Visitors
- Parents Well Being and Mental Health
- 2, 3 & 4 year old Early Years Learning and Childcare
- Antenatal Courses, Wellbeing and Mental Health
- Homestart—home support referrals
- Healthy Eating
- Stop Smoking—help and referrals
- Speech & Language—drop-in and referrals
- Behaviour Management Support
- Parenting Courses—crèche provided
- Jobcentre Plus—Jobs Board & Jobs Search
- Adult Education
- Volunteering—Work Experience
- Childcare Information
- Food Bank
- SEN—Special Educational Needs
- Transition to School or Nursery
- Breast feeding Support

## Useful Contacts

### Doctors/Dentist/Health visitors/Hospital

|  |               |
|--|---------------|
| Falklands Surgery, nr The Sun Pub              | 01493 442233  |
| Millwood Surgery, nr Rainbow                   | 01493 661549  |
| NHS <a href="http://www.nhs.uk">www.nhs.uk</a> | 111           |
| James Paget Hospital                           | 01493 452452  |
| Newberry Clinic                                | 01493 442322  |
| John D Plummer Dentist, Bradwell               | 01493 662717  |
| Dunedin Dental, Bradwell                       | 01493 665416  |
| Robin N Copson Dentist,                        | 01493 653150  |
| Children & Young People's Health Services      | 0300 300 0123 |

### Pre-schools/Nurseries/Childcare

|   |               |
|---|---------------|
| Moorlands Primary School                            | 01493 780007  |
| Hillside Primary School                             | 01493 661399  |
| Homefield Primary School                            | 01493 661691  |
| Woodlands Primary School                            | 01493 665314  |
| Family Information Service, A-Z of Norfolk Services | 0344 800 8001 |

### Other

|  |               |
|--|---------------|
| Adult Education <a href="http://www.adulteducation.norfolk.gov.uk">www.adulteducation.norfolk.gov.uk</a> | 0344 8008020  |
| Norfolk County Council A-Z of services   | 0344 8008020  |
| Domestic Violence <a href="http://www.womensaid.org.uk">www.womensaid.org.uk</a>                         | 0808 2000 247 |
| <a href="http://www.gov.uk/contact-jobcentre-plus">www.gov.uk/contact-jobcentre-plus</a>                 | 0345 604 3719 |
| Gorleston Library  | 01493 656086  |
| Home Fire Safety Visits  | 0800 917 8137 |
| National Child Protection –NSPCC   | 0808 800 500  |
| Victim Support <a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>                    | 0845 3030 900 |
| Working Families Tax Credits Helpline  | 0845 300 3900 |
| <a href="http://www.workingfamilies.org.uk">www.workingfamilies.org.uk</a>                               |               |
| Children with disabilities <a href="http://www.time-for-me.org.uk">www.time-for-me.org.uk</a>            | 01603 692455  |

### Useful Websites

|   |
|---|
| Money Advice Service <a href="http://www.moneyadviceservice.org.uk">www.moneyadviceservice.org.uk</a>                             |
| Childcare jobs and training <a href="http://www.direct.gov.uk">www.direct.gov.uk</a>  |
| Health A-Z of Services <a href="http://www.nhs.uk">www.nhs.uk</a>   |
| Dads <a href="http://www.dad.info">www.dad.info</a>   |
| Shine <a href="http://www.shine-gy.org.uk">www.shine-gy.org.uk</a>  |
| CAB <a href="http://www.citizensadvice.org.uk">www.citizensadvice.org.uk</a>  |
| A one stop shop for special educational needs and disabilities <a href="http://www.norfolk.gov.uk/sen">www.norfolk.gov.uk/sen</a> |

**FREE Early Learning and Childcare for 2, 3 and 4 year olds, to find out when your child is eligible for funding, call 01493 789562 or email [childrenscentre@moorlands.norfolk.sch.uk](mailto:childrenscentre@moorlands.norfolk.sch.uk)**

**Looking for a Job Training or Volunteer Opportunities? We can help you!**

Call to find out or email. You could use our computers, job searches and get help to print a CV. Or get qualifications!



**Have You Registered with Us?**  
**FREE Goody Bag for new registered families & children under 5.**  
**Call: 01493 789562 or pop in to register. Monday to Friday 8.30 am-4 pm**

**Follow us on Twitter! Like our Facebook page**



**For Family Support enquiries please call 01493 789562 or email [childrenscentre@moorlands.norfolk.sch.uk](mailto:childrenscentre@moorlands.norfolk.sch.uk)**

If you need help with transport to access services please contact us



### Contact Us

✉ Village Green Children's Centre, Moorlands Way, Belton, NR31 9PA

☎ 01493 789562 / 07747756434

Email [childrenscentre@moorlands.norfolk.sch.uk](mailto:childrenscentre@moorlands.norfolk.sch.uk)

If you need this document in large print, audio, Braille, alternative format or in a different language please contact Village Green Children's Centre on 01493 789562 and we will do our best to help.



Village Green



Belton • Bradwell • Browston  
Burgh Castle • Fritton • St. Olaves

### A Sure Start Children's Centre

Moorland Way, Belton,  
Great Yarmouth, Norfolk NR31 9PA  
Email: [childrenscentre@moorlands.norfolk.sch.uk](mailto:childrenscentre@moorlands.norfolk.sch.uk)  
Tel: 01493 789562 Fax: 01493 789563

## Village Green Children's Centre Autumn 2018

Activities for families in  
Bradwell, Belton, Burgh Castle,  
Browston, Fritton & St. Olaves



**Like & Follow us on Facebook**


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Children's Centre  
& Twitter  
[@villagegreen9](https://www.facebook.com/villagegreen9)



Daily reading with your children helps them to become a good talker, to be confident and happy too!  
The power of reading!



We aim to make our activities inclusive for all children regardless of ability. If you or your child have any specific needs or require additional support to access our services, please do not hesitate to contact us to discuss.

| Day              | Venue  | Activity   | Time  | £                     | Available to all Parents and Children in the Village Green Children's Centre area  | Tel : 01493 789562 |
|------------------|--|--|---|-----------------------|--|--------------------|
| Monday           | Village Green Children's Centre  | <b>SENSationsGroup With Portage</b>  | 9.30-10.30am  | Free                  | Lots of fun at our sensory stay and play session for children who have a disability or additional need. Meet other parents and chat to your local portage team. Not sure if its for you? Ask the children's centre for more information or just drop into the sessions for a chat to find out more. Crafts, Messy play, Stories, Songs and Music. Session dates <b>10/9, 1/10, 5/11 &amp; 3/12/2018</b>  |                    |
|                  | Village Green Children's Centre  | <b>Play &amp; Weigh</b>  | 1.00-2.30pm   | Free                  | Every week drop-in group for 0-5 year olds plus baby weighing. Breastfeeding support available every week. Call for more information. 01493 789562. Health Practitioner attends 3rd Monday of every month dates are <b>Monday 17th Sept, 15th October, 19th November &amp; 17th December</b> Health advice for 0-19's is available Monday to Friday 8am-6pm or 9.00am-1.00pm Saturday by calling Just One Number on 0300 300 0123.   |                    |
|                  | Village Green Children's Centre  | <b>Breast Feeding Support</b>  | 1.00-2.30pm   | Free                  | Every week drop-in for breastfeeding mums to relax and put your feet up, enjoy a drink and cake or pastry in our comfortable, breastfeeding friendly surroundings. Help & support available on attachment, expressing and milk storage Breastfeeding advice and support available, call the centre any time Monday to Friday for any breastfeeding enquiries. Out of hours support options also available.   |                    |
| Tuesday          | Village Green Children's Centre  | <b>Childminder Drop in and Play</b>  | 10-11.30am  | Free                  | All Childminders welcome to drop-in, stay and play, meet up with other Childminders in a child friendly environment. Free snack and drink available.   |                    |
|                  | Village Green Children's Centre  | <b>Baby Bloom Parenting Course</b>   | 10-11.30am  | £2 per session        | For first time parents. 4 week baby parenting group for ages 0-8 months. Including: Supporting your child's development, Sleep and Safety, Weaning, Home Safety and Memory Making. The next 4 week course runs from <b>Tuesday November 6th -27th 2018</b> . Call to request a booking form.   |                    |
|                  | Village Green Children's Centre  | <b>Baby Massage Course</b>   | 10-11.30am  | £2 per session        | Infant massage benefits the entire family and gives your baby stimulation, interaction, relief and relaxation. Supports development, relief from wind and sleep. Next 4 week course runs from <b>Tuesday September 25th—October 16th</b> . Call to request a booking form.   |                    |
|                  | Village Green Children's Centre  | <b>Circle of Security</b>  | 12-2.15pm   | FREE                  | 8 Week Parenting course. Creche available. At times all parents feel lost or without a clue about what our child might need from us. The Circle of Security course facilitators work with parents and carers to help them understand their child's emotional world by learning to read emotional needs, support their child's ability to successfully manage emotions and enhance the development of their child's self esteem. Contact Becky Goffin for more information. Course dates 2nd October—4th December 2018  |                    |
| Wednesday        | Village Green Children's Centre  | <b>Pathway to Parenting Antenatal Course</b>   | 4.00-6.00pm   | Free                  | 4 week ante natal parenting course for parents to be. Covering health and wellbeing, feeding, caring for your baby, your developing baby, labour day meeting midwives and other support. The next 4 week course runs from <b>Wednesday September 26th—17th October 2018</b> . Call to request a booking form or ask your midwife for a booking form..  |                    |
|                  | New Road Sport & Leisure Centre, Belton  | <b>Jolly tots &amp; Baby Jolly tots</b>  | 9.30-11.00am<br>11.00-12.00am                                     | £2.50<br>£1.50        | Fun stay and play sessions for parents and children with a wide range of activities, Suitable for children 18 months and upwards. Term time. Promotes PSED (personal, social, emotional development) and C&L (communication and language), and Early Learning. Fun stay and play sessions for parents and babies with a wide range of activities. Suitable for children aged 6 weeks to 18 months approx. (term time)  |                    |
|                  | Village Green Children's Centre  | <b>Caring for Children Level 1 Adult Learning</b>  | 9.00-12.00pm  |                       | Adult Education Level 1 qualification 7 week course with a Tutor for those interested in working with children and learning about child development and how children learn. Progression route to Level 2 Working with Children and Young People. Careers available as a teaching assistants, crèche workers, nursery school staff or a registered childminder. Applications available upon request and must be submitted at earliest opportunity to process applications. A work placement is required for this course as well as full safeguarding vetting.   |                    |
| Thursday         | Kings Street Shop & Office MESH office Gorleston Trinity & Village Green Children's Centre | <b>DIAL</b><br> | Pre booked appointments available. Thurs monthly at Village Green | Free                  | FREE Services DIAL offers practical support <b>Benefits Advice:</b> Benefit entitlement checks, Better-off calculations, Assistance to complete forms, Appeals support including attendance at Tribunals. <b>Money and Debt Advice:</b> Debt counselling. Negotiating with creditors, Debt management plans, Household budgeting, Debt relief orders. <b>Other Advice and Services:</b> Message in a Bottle—Emergency information scheme, Radar Keys, Support groups for specific impairments, Leisure information. <b>Call 01493 789562 to book an appointment at Village Green CC.</b> Or Call DIAL on <b>01493 856900</b> or Email <a href="mailto:info@dial-greatyarmouth.org.uk">info@dial-greatyarmouth.org.uk</a> |                    |
|                  | Village Green Children's Centre  | <b>Chatterboxes Group</b>  | 9.30-11am   | £1                    | Parent and toddler group suitable for children 0-5 years. A wide range of fun activities that focus on developing children's communication with Messy Play and Singing every week. Free car seat checks regularly carried out by Norfolk County Council. Free Dental Advice dates also available with Community Dental Hygiene Worker. On the Third Thursday of the month the Norfolk Wildlife Trust will be helping us get in touch with nature and helping us and our children to be inspired and learn about the natural world around us.   |                    |
|                  | Belton and surrounding area  | <b>Walk on the Wildside Third Thursday of the month</b>  | 1.00-2.30pm   | FREE                  | <b>Family exploring outside!</b> Join us and the Norfolk Wildlife Trust for an adventurous active afternoon where we will be exploring the natural world around us. An expert from the NWT will support our learning of everything natural living in our community alongside us. Develop your learning of the natural world and have some family fun at the same time.   |                    |
| Monday to Friday | Village Green Children's Centre  | <b>E Learning Courses and Volunteering Opportunities available</b>                                 | Any time to suit Between 9 am-until 4pm                           | Most courses are FREE | E Learning can also be completed at home any time of the day or evening! <b>Food Hygiene Level 2, CoSHH, Health and Safety, Moving and Handling. First Aid courses</b> also available. Pop in to see what are the latest courses available. <b>If you are interested in training or Volunteering and would like more information email <a href="mailto:childrenscentre@moorlands.norfolk.sch.uk">childrenscentre@moorlands.norfolk.sch.uk</a>.</b>   |                    |

**Safeguarding**  
Do you have any safety concerns about a child? Call **0344 800 8020**  
Call: LADO 01603 223473

**Call us to book free car seat checks**

**Mobile Library at VGCC and Moorlands School**  
Wednesday's 3.10-4.00pm  
5th September, 3rd October & 31st October

**Baby Bloom Parenting Group & Baby Massage Courses available at the Children's Centre. Call or email for your booking form.**

**Dental advice Drop in—29th October 1pm to 2.30pm**  
**Speech & Language Drop in Seagulls Children's Centre 22nd June 9.30-11.30am / Priory Children's Centre 23rd May**  
**FREE Car Seat Safety Checks—Call or email the centre for the next session advice.**

**Norfolk Wildlife Trust (NWT)@ VGCC**  
Thursday 20th September 9.30 @ Chatterbox Group/PM Walk on the Wildside 1pm  
NWT 18th October as above  
NWT 15th November as above  
NWT 13th December as above

**SEN Mini Surgery Early Help service offered by Educational Psychology and Specialist Support from NCC for 0-5 years** queries could include but not limited to children's play, emotional development, learning, relational issues, parenting, communication developmental conditions, sleep, eating, transitions.  
30 minute consultation appointments available on **Monday 24th September 2018**. Call Becky Goffin to book an appointment

