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## Great Yarmouth and Gorleston Sure Start Children's Centres

# Pathway to Parenting

All first-time expectant mums will receive a booking form for this course from their Midwife. Complete and return to: Seagulls Children's Centre, Shrublands, Magdalen Way, Gorleston, NR31 7BP.

Priory Children's Centre  
Seagulls Children's Centre

Mon  
Mon

1.00-3.00  
2.00-4.00



Pathway to Parenting is a programme of 4 x 2 hour courses to help you in your preparation for birth and the early weeks with your baby. It is led by Health Visitors, Midwives and Children's Centre staff to provide you with information and practical skills in a fun and interactive way.

These classes are free for you and your partner (or friend) and are offered to all first-time mums.

Spring term courses start:

Priory Children's Centre: 3 Sep or 5 Nov

Seagulls Children's Centre: 1 Oct or 26 Nov

**Call for details: 01493 660090**

Find us at:  
[www.priorycentre.co.uk](http://www.priorycentre.co.uk)



Great Yarmouth Community Trust  
at the Priory Centre  
@priorycentregy

James Paget University Hospitals NHS Foundation Trust



Norfolk and Suffolk NHS Foundation Trust