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# Great Yarmouth and Gorleston Sure Start Children's Centres

## Owlets

A 6-week course for families with babies to walking age (0-1 year). Booking is essential as places are limited.

Seagulls Children's Centre  
Priory Children's Centre

Tues 1.00-2.00  
Thur 1.00-2.00



A warm, welcoming group to help parents build relationships, chat and support one another with having a baby.

A selection of toys is available for the babies to enjoy and a topic chosen by the group will be discussed and parents will be able to offer help and support to each other. Previous groups have discussed sleeping, weaning, going back to work, but the subject is set by the group's interests.

**Contact: 01493 688940**

Find us at:  
[www.priorycentre.co.uk](http://www.priorycentre.co.uk)



Great Yarmouth Community Trust  
at the Priory Centre  
@priorycentregy



Norfolk and Suffolk **NHS**  
NHS Foundation Trust