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Great Yarmouth and Gorleston Sure Start Children's Centres

Nurture Group

An 8-week programme. Please ask your Health Visitor to be referred to this group, or contact the team directly.

Priory Children's Centre

Wed

TBC



An 8-week intensive course for babies (under 6 months) and families who have spent time on the Neonatal Intensive Care Unit (NICU)/ Special Care Baby Unit (SCBU).

A chance to share information, explore sensory stimulation, positive touch and encourage confidence in caring for your baby.

Week 1 - Baby Communication and Play

Week 2 - Baby Health

Week 3 - Weaning

Week 4 - Family Support Services

Weeks 5-8 - Baby Massage

Call for more information: 0300 300 0123

Find us at:
www.priorycentre.co.uk



Great Yarmouth Community Trust
at the Priory Centre

@priorycentregy



Norfolk and Suffolk **NHS**
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