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# Great Yarmouth and Gorleston Sure Start Children's Centres

## Counselling

Please ask your Health Visitor to be referred to this group, or contact the team directly.

Priory Children's Centre	Mon	9.00-4.30
	Fri	9.00-4.30
Seagulls Children's Centre	Wed	9.00-4.30



This service is FREE to parents of 0-5 year olds and delivered by trained counsellors, who have experience and expertise in working with a variety of clients, from diverse backgrounds and with complex needs.

The counselling service will provide an initial assessment and, if appropriate, offer 6 sessions, with an option of a further 3-6 sessions in cases of real need.

There are a number of ways you can refer into the service:

- \* Pick up a referral form from Priory Children's Centre
- \* Call our counsellor direct: 01493 743066
- \* Email: [lesley-houghton@gyctrust.co.uk](mailto:lesley-houghton@gyctrust.co.uk)

**Call for more information: 01493 743066**

Find us at:  
[www.priorycentre.co.uk](http://www.priorycentre.co.uk)



Great Yarmouth Community Trust  
at the Priory Centre  
[@priorycentregy](https://twitter.com/priorycentregy)



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