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## Great Yarmouth and Gorleston Sure Start Children's Centres

# Bump2Baby

Weekly group for expectant and new mums with their babies.  
Please ask to be referred to this group by your midwife,  
or contact our team at the number below.

Priory Children's Centre

Mon

1.00-2.30



Expecting a baby can be an emotional time. Bump2Baby is a space for you to think about you and your baby and your future together.

You will have the opportunity to talk to other new mums, and mums to be, about your feelings in those first few months in a supportive and confidential way.

**Call for details: 01493 743034**

Find us at:  
[www.priorycentre.co.uk](http://www.priorycentre.co.uk)



Great Yarmouth Community Trust  
at the Priory Centre  
@priorycentregy

James Paget University Hospitals   
NHS Foundation Trust



Norfolk and Suffolk   
NHS Foundation Trust