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## Great Yarmouth and Gorleston Sure Start Children's Centres

# Video Interaction Guidance

By PIMHS referral only. For parents of pre-school children



Video Interaction Guidance (VIG) is a tool through which we are able to improve the communication within relationships. It works by engaging parents/carers actively in a process of change towards realising their own hopes for a better future in their relationships with their children.

In VIG parents are guided to reflect through video clips on their own successful interactions. Looking at what works well can help you to understand each other and build a stronger relationship.

**Call for more info: 01493 743066**

Find us at:  
[www.priorycentre.co.uk](http://www.priorycentre.co.uk)



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